

Old First's Food & Clothing Cupboard

Old First holds a weekly Food and Clothing Cupboard that benefits members of our community in need. Your generous donations of any of the following items will help us.

Food

The food cupboard always needs the following food items:

- Meats, **pop top cans only** - such as corned beef, Spam-type meat, Vienna-type sausages, meatballs, sardines, tuna, ham, etc.
- Vegetables, **pop top cans only**
- Fruit, **pop top cans** or dried fruit in small boxes or pouches
- Meals, **pop top cans only** such as chili, ravioli, spaghetti
- Meals, **microwave** in a bowl or cup such as noodles, chili, mac & cheese
- Juice, in juice boxes or in small pop top cans
- Peanut butter in plastic jars
- Jelly in plastic jars/tubes
- Tuna in **non-pop top cans**
- Breakfast/energy bars
- Peanut butter crackers
- Crackers in a sleeve such as Saltines
- Ready-to-eat soup, **pop top cans or microwave bowls/cups only** such as Progresso, Campbell's Chunky or Campbell's Select Harvest (any brand is fine as long as it's a pop top)

Clothing

Donations of new or gently-used men's clothing, especially pants (preferably sizes 30-38), underwear (all sizes). Please make sure used clothing is **clean** and in **good condition**. Clothing appropriate for the current season is preferred, due to limited storage space.

Please note: we are unable to accept women's or children's clothing.